

# Aspetuck Land Trust

# Green Corridor

## What Homeowners Can Do — Fact Sheet #2

### Rethink Your Lawn

#### Why should I rethink my lawn?

Traditional lawns are virtual deserts, providing no resources for nature and, when laden with chemicals, become a graveyard for biodiversity. Turf grass has become the #1 crop in the U.S., surpassing corn and soybean, yet it provides no food sources for humans or native species. You can transform your lawn into something that can provide greater benefit to your family and nature.



M.C. Fields

#### What changes can I make to my lawn?

- Reduce the size of your lawn.** Add native plant beds, shrubs, trees, or grassland and watch nature return.
- Mow high and water less.** This reduces weeds, better tolerates drought, strengthens root systems.
- Don't use artificial pesticides, herbicides or fertilizers.** These products harm the soil, streams and ponds, our families and pets, and our wildlife. There are no winners.
- Mulch the grass and leaves.** This recycles the nitrogen into the soil so you don't need fertilizers, making the soil healthy.
- Go electric!** It's cleaner and quieter, better for our health and the planet.

#### Who can help me make these changes?

The Aspetuck Land Trust website provides helpful resources (see link below):

- Healthy Yard Checklist.
- List of local NOFA Accredited Organic Land Care Professionals.
- Organic Lawncare Brochure and Booklet.
- Questions to ask your lawncare professional.

► To learn more visit: [aspetucklandtrust.org/what-homeowners-can-do](http://aspetucklandtrust.org/what-homeowners-can-do)



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